



## Hello Nourish KC family!

We wanted to share an update and to thank you for your patience as, like the rest of the world, we've adapted to challenges the last few months.

We all know that **food matters**, especially as we work to keep our communities healthy. This proved especially challenging when, just prior to the pandemic, a burst pipe flooded our kitchen! In NourishKC-style, we made lemonade out of lemons, quickly adapting operations for to-go meals while repairs were made. Our commitment to wellness remained **KC STRONG**, as our loyal volunteers and supporters continued to serve a growing number of guests. When COVID-19 struck, again we pivoted, adapting protocols to ensure the safety of guests, volunteers, and staff. Through it all, NourishKC has remained a consistent source of nourishment for those who may not know where their next meal is coming from during these difficult days.

Invaluable community partnerships continue to help us maintain fresh and local grown produce on our daily menus, keeping the cost at just 12 cents per nourishing meal! This, along with the BEST VOLUNTEERS EVER, are reasons to celebrate! Thank you for being by our side as we NourishKC!

With gratitude,

Jay Lehnertz, Interim CEO of NourishKC





## In the spotlight: Meet George!

George has been volunteering at the Kansas City Community Kitchen for 25 years. The one thing that keeps him coming back is passion!

"There's not a better feeling...that you've helped somebody that otherwise may not have had any help at all. The staff and I inspire one another - we stay in high spirits to put new volunteers at ease by helping them out and making them feel welcome."

Thank you George for being such a great part of our family and for your commitment to feeding our Community!

### #CommunityLOVE



# Volunteering Q & A

## Q: Can I still volunteer at the kitchen?

A: **Yes**! You can sign up to serve Monday through Friday to help prepare and serve lunch from 10am-1pm. We have limited spaces for July! Visit our website today to create your profile and <u>sign up for a shift</u>.

# Q. What if I can't come to the kitchen or all the shifts are full?

No problem! We have items you can donate that would help just as much. Simply check our our <u>kitchen needs list</u> to learn what you may be able to contribute.

# Q. Is it safe to come to the kitchen?

We've implemented a variety of measures to keep volunteers, guests, and staff safe including social distancing, wearing masks, multiple sanitizing stations, and frequent cleaning and hand-washing.



SHARE SOME LOVE: DONATE NOW!

Thanks for helping us Nourish KC!